

2020 KOPFC Fall Youth Water Polo League

COVID-19 Guidelines – as of August 10, 2020

1. These guidelines apply to 2020 KOPFC Fall Youth League games regardless of location. Each club should have its own COVID-19 Guidelines based on their county and facility guidelines to be followed at club practices or functions.
2. Athletes, coaches, and referees must sign the USA Water Polo COVID-19 Return to Play Release and Waiver through their USAWP Membership portal prior to participating in any practice or game. Athletes and coaches will not be eligible to be on a verified roster/scoresheet unless this has been signed.
3. No one is allowed to enter the facility if experiencing any of these symptoms – Fever over 100.4, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches and pains.
4. Symptom checks, including temperature, must be completed on all athletes and coaches prior to every game. Each team is expected to record this information and keep on file until at least three weeks following the end of the league.
5. Each club must ensure contact information for each athlete is current.
6. Face coverings are required by everyone at all times with the following exceptions:
 - a. Athletes while in the pool, although recommended while in the bench area.
 - b. Coaches when not able to maintain six feet physical distancing.
 - c. Referees while actively refereeing during a game.
7. Six feet physical distancing from others not in the same household required whenever possible.
8. Minimize contact with surfaces, door handles, etc.
9. Practice good hygiene, wash hands frequently, sneeze or cough into the elbow.
10. Do not have team water bottles and do not share water bottles, towels, etc.
11. Athletes should arrive in swim suit and depart without changing if possible.
12. The facility should design incoming and outgoing directional patterns for teams and spectators.
13. Coaches should keep pre and post-game team meetings brief, preferably ten minutes or less, and face coverings must be worn by athletes and coaches during team meetings.
14. Teams must bring their own warm up balls and are not allowed to be shared with other clubs.
15. Teams must bring their own caps and are not allowed to be shared with other clubs.
16. Spectators will be limited to up to two per player. This may be reduced depending on the venue or deemed necessary by the League Committee.
17. The scoring table must be limited to a maximum of three workers, must physical distance as much as possible, and everyone must wear a mask.
18. When rosters/photo ID's are checked, athletes, coaches, and officials must wear a mask (the person checking the photos will ask for the mask to be lowered momentarily).
19. Teams will not be allowed to shake hands, high five, etc. before or after games. Teams should give a cheer for the other team after the game and leave their bench area without walking past the other team.
20. Rosters will be limited to 16 athletes so that not more than 9 athletes are on the bench.
21. Teams will not change defensive end during a game (white caps to the table's left).
22. Providing food or treats must be done in a manner that does not promote congregating and items must be individually wrapped.
23. Coaches are expected to ensure their athletes follow these guidelines at all times.
24. Any athlete or coach that tests positive for COVID-19 or has been in "close contact" with someone who has tested positive must quarantine for 14 days, unless told differently by their doctor or the health department. The athlete or coach must notify their club's Head Coach or designated safety person and

the club must notify the League Director immediately. "Close contact" is defined as someone who was within six feet of someone for at least 15 minutes.

25. Anyone that has been tested for COVID-19 must quarantine while waiting for their results, even if they don't have symptoms or their symptoms have gone away.